

Clinical Policy: Mepolizumab (Nucala)

Reference Number: CP.PHAR.200

Effective Date: 05.01.16 Last Review Date: 02.25

Line of Business: Commercial*, Medicaid

Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Mepolizumab (Nucala®) is an interleukin-5 antagonist monoclonal antibody (IgG1 kappa).

FDA Approved Indication(s)

Nucala is indicated for:

- Add-on maintenance treatment of patients with severe asthma aged 6 years and older, and with an eosinophilic phenotype.
- Add-on maintenance treatment of chronic rhinosinusitis with nasal polyps (CRSwNP) in adult patients 18 years of age and older with inadequate response to nasal corticosteroids.
- Treatment of adult patients with eosinophilic granulomatosis with polyangiitis (EGPA).
- Treatment of adult and pediatric patients aged 12 years and older with hypereosinophilic syndrome (HES) for \geq 6 months without an identifiable non-hematologic secondary cause.

Limitation(s) of use: Nucala is not indicated for the relief of acute bronchospasm or status asthmaticus.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Nucala is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. Severe Asthma* (must meet all):
 - * Refer to HIM.PA.175 for California Exchange Plans
 - 1. Diagnosis of asthma;
 - 2. Member has an absolute blood eosinophil count ≥ 150 cells/mcL within the past 3 months;
 - 3. Prescribed by or in consultation with a pulmonologist, immunologist, or allergist;
 - 4. Age \geq 6 years;
 - 5. Member has experienced ≥ 2 exacerbations with in the last 12 months, requiring one of the following (a or b), despite adherent use of controller therapy (i.e., medium-to

^{*} California Exchange Plans should not be approved using these criteria; for California Exchange Plans refer to the HIM.PA.175 Mepolizumab (Nucala) criteria



high-dose inhaled corticosteroid [ICS] plus either a long acting beta-2 agonist [LABA] or leukotriene modifier [LTRA] if LABA contraindication/intolerance):

- a. Oral/systemic corticosteroid treatment (or increase in dose if already on oral corticosteroid);
- b. Urgent care/emergency room (ER) visit or hospital admission;
- 6. Nucala is prescribed concurrently with an ICS plus either a LABA or LTRA;
- 7. Nucala is not prescribed concurrently with Cinqair[®], Fasenra[®], Dupixent[®], Xolair[®], or Tezspire[®];
- 8. Dose does not exceed (a or b):
 - a. Age 6 to 11 years: 40 mg every 4 weeks;
 - b. Age \geq 12 years: 100 mg every 4 weeks.

Approval duration: 6 months

B. Eosinophilic Granulomatosis with Polyangiitis (formerly Churg-Strauss) (must meet all):

- 1. Diagnosis of EGPA (formerly Churg-Strauss) with both of the following (a and b):
 - a. Active, non-severe disease;*
 - *Non-severe disease is defined as vasculitis without life- or organ-threatening manifestations. Examples of symptoms in patients with non-severe disease include rhinosinusitis, asthma, mild systemic symptoms, uncomplicated cutaneous disease, and mild inflammatory arthritis.
 - b. Eosinophilia as evidenced by eosinophils $> 1 \times 10^9/L$ and/or > 10% of leukocytes within the past 3 months;
- 2. Prescribed by or in consultation with a pulmonologist, rheumatologist, immunologist, or nephrologist;
- 3. Age \geq 18 years;
- 4. Failure of a 4-week trial of a glucocorticoid (*see Appendix B*), unless contraindicated or clinically significant adverse events are experienced;
- 5. Nucala is not prescribed concurrently with Cinqair, Fasenra, Dupixent, Xolair, or Tezspire;
- 6. Dose does not exceed 300 mg every 4 weeks.

Approval duration: 6 months

C. Hypereosinophilic Syndrome* (must meet all):

- * Refer to HIM.PA.175 for California Exchange Plans
- 1. Diagnosis of HES with all of the following characteristics (a, b, and c):
 - a. FIP1L1-PDGFRα negative;
 - b. Does not have a non-hematologic secondary cause (e.g., drug sensitivity, parasite helminth infection, HIV infection, non-hematological malignancy);
 - c. Uncontrolled, defined as a history of ≥ 2 flares (see Appendix D) within the past 12 months;
- 2. Prescribed by or in consultation with a hematologist, dermatologist, or immunologist;
- 3. Age > 12 years;
- 4. Member has a blood eosinophil count $\geq 1,000$ cells/mcL within the past 3 months;
- 5. Failure of a 2-month trial of a corticosteroid (*see Appendix B*) within one of the following time frames (a or b), unless contraindicated or clinically significant adverse events are experienced:
 - a. Within the last 6 months;



- b. Within the last year if the member's current HES baseline therapy includes interferon-alfa, cyclosporine, azathioprine, hydroxyurea, or imatinib;
- 6. Nucala is prescribed concurrently with baseline HES therapy (e.g., oral corticosteroids, immunosuppressive therapy);
- 7. Nucala is not prescribed concurrently with Cinqair, Fasenra, Dupixent, Xolair, or Tezspire;
- 8. Dose does not exceed 300 mg every 4 weeks.

Approval duration: 6 months

D. Chronic Rhinosinusitis with Nasal Polyps* (must meet all):

- * Refer to HIM.PA.175 for California Exchange Plans
- 1. Diagnosis of CRSwNP with documentation of all of the following (a, b, and c):
 - a. Presence of nasal polyps;
 - b. Disease is bilateral;
 - c. Member has experienced signs and symptoms (e.g., nasal congestion/blockage/ obstruction, loss of smell, rhinorrhea) for ≥ 12 weeks;
- 2. Prescribed by or in consultation with an allergist, immunologist, or otolaryngologist;
- 3. Age \geq 18 years;
- 4. Member has required the use of systemic corticosteroids for symptom control within the last 2 years, unless contraindicated or clinically significant adverse effects are experienced (see Appendix B for examples);
- 5. Failure of maintenance therapy with at least two intranasal corticosteroids, one of which must be XhanceTM, each used for ≥ 4 weeks, unless contraindicated or clinically significant adverse effects are experienced (see Appendix B for examples);
- 6. Nucala is prescribed concurrently with an intranasal corticosteroid, unless contraindicated or clinically significant adverse effects are experienced (see Appendix B for examples);
- 7. Nucala is not prescribed concurrently with Cinqair, Dupixent, Fasenra, Xolair, or Tezspire;
- 8. Dose does not exceed 100 mg every 4 weeks.

Approval duration: 6 months

E. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.



II. Continued Therapy

- A. Severe Asthma (must meet all):
 - 1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B);
 - 2. Demonstrated adherence to asthma controller therapy (an ICS plus either an LABA or LTRA) as evidenced by proportion of days covered (PDC) of 0.8 in the last 6 months (i.e., member has received asthma controller therapy for at least 5 of the last 6 months);
 - 3. Member is responding positively to therapy (examples may include but are not limited to: reduction in exacerbations or corticosteroid dose, improvement in forced expiratory volume over one second since baseline, reduction in the use of rescue therapy);
 - 4. Nucala is not prescribed concurrently with Cinqair, Fasenra, Dupixent, Xolair, or Tezspire;
 - 5. If request is for a dose increase, new dose does not exceed (a or b):
 - a. Age 6 to 11 years: 40 mg every 4 weeks;
 - b. Age \geq 12 years: 100 mg every 4 weeks.

Approval duration:

Medicaid – 12 months

Commercial – 6 months or member's renewal period, whichever is longer

B. Eosinophilic Granulomatosis with Polyangiitis (formerly Churg-Strauss) (must meet all):

- 1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
- 2. Member is responding positively to therapy (examples may include but are not limited to: reduction of relapses or reduction in glucocorticoid dose);
- 3. Nucala is not prescribed concurrently with Cinqair, Fasenra, Dupixent, Xolair, or Tezspire;
- 4. If request is for a dose increase, new dose does not exceed 300 mg every 4 weeks.

Approval duration:

Medicaid – 12 months

Commercial – 6 months or member's renewal period, whichever is longer



C. Hypereosinophilic Syndrome (must meet all):

- 1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
- 2. Member is responding positively to therapy with reduction in flares from baseline or reduction in maintenance HES therapy dose from baseline (*see Appendix D*);
- 3. Nucala is prescribed concurrently with baseline HES therapy (e.g., oral corticosteroids, immunosuppressive therapy);
- 4. Nucala is not prescribed concurrently with Cinqair, Fasenra, Dupixent, Xolair, or Tezspire;
- 5. If request is for a dose increase, new dose does not exceed 300 mg every 4 weeks.

Approval duration:

Medicaid – 12 months

Commercial – 6 months or member's renewal period, whichever is longer

D. Chronic Rhinosinusitis with Nasal Polyps (must meet all):

- 1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B);
- 2. Demonstrated adherence to an intranasal corticosteroid, unless contraindicated or clinically significant adverse effects are experienced;
- 3. Member is responding positively to therapy (examples may include but are not limited to: reduced nasal polyp size, reduced need for systemic corticosteroids, improved sense of smell, improved quality of life);
- 4. Nucala is not prescribed concurrently with Cinqair, Dupixent, Fasenra, Xolair, or Tezspire;
- 5. If request is for a dose increase, new dose does not exceed 100 mg every 4 weeks.

Approval duration:

Medicaid – 12 months

Commercial – 6 months or to the member's renewal date, whichever is longer

E. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business:
 CP.CPA.190 for commercial and CP.PMN.255 for Medicaid; or



- b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- **A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies CP.CPA.09 for commercial and CP.PMN.53 for Medicaid or evidence of coverage documents;
- **B.** Acute bronchospasm or status asthmaticus.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key CRSwNP: chronic rhinosinusitis with nasal polyps

EGPA: eosinophilic granulomatosis with polyangiitis

FDA: Food and Drug Administration FIP1L1-PDGFRα: Fip1-like1-platelet-derived growth factor receptor alpha

GINA: Global Initiative for Asthma HES: hypereosinophilic syndrome

ICS: inhaled corticosteroid
LABA: long-acting beta-agonist
LTRA: leukotriene modifier
PDC: proportion of days covered

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose	
Asthma - ICS (medium – high dose)			
Qvar® (beclomethasone)	> 100 mcg/day	4 actuations BID	
	40 mcg, 80 mcg per actuation		
	1-4 actuations BID		
budesonide (Pulmicort®)	> 200 mcg/day	2 actuations BID	
, ,	90 mcg, 180 mcg per actuation		
	2-4 actuations BID		
Alvesco® (ciclesonide)	> 80 mcg/day	2 actuations BID	
	80 mcg, 160 mcg per actuation		
	1-2 actuations BID		
fluticasone propionate	> 100 mcg/day	2 actuations BID	
(Flovent®)	44-250 mcg per actuation		
	2-4 actuations BID		
Arnuity Ellipta® (fluticasone	≥ 50 mcg/day	1 actuation QD	
furoate)			



Drug Name	Dosing Regimen	Dose Limit/
	100 200	Maximum Dose
	100 mcg, 200 mcg per	
	actuation	
A B (1 actuation QD	2 inhalations BID
Asmanex® (mometasone)	> 100 mcg/day	2 innalations BID
	HFA: 100 mcg, 200 mcg per actuation	
	Twisthaler: 110 mcg, 220 mcg per actuation	
	1-2 actuations QD to BID	
Asthma - LABA	1-2 actuations QD to BID	
Serevent® (salmeterol)	50 mcg per dose	1 inhalation BID
Serevent (sammeteror)	1 inhalation BID	
Asthma - Combination Product		
Dulera® (mometasone/	100/5 mcg, 200/5 mcg per	4 actuations per day
formoterol)	actuation	actuations per auj
	2 actuations BID	
Breo Ellipta® (fluticasone/	100/25 mcg, 200/25 mcg per	1 actuation QD
vilanterol)	actuation	
	1 actuation QD	
fluticasone/salmeterol (Advair®)	100/50 mcg, 250/50 mcg,	1 actuation BID
,	500/50 mcg per actuation	
	1 actuation BID	
fluticasone/salmeterol (Airduo	55/13 mcg, 113/14 mcg,	1 actuation BID
RespiClick®)	232/14 mcg per actuation	
	1 actuation BID	
budesonide/formoterol	80 mcg/4.5 mcg; 160 mcg/4.5	2 actuations BID
(Symbicort®)	mcg per actuation	
	1-2 actuations BID	
Asthma - LTRA		
montelukast (Singulair®)	4 to 10 mg PO QD	10 mg per day
zafirlukast (Accolate®)	10 to 20 mg PO BID	40 mg per day
zileuton ER (Zyflo® CR)	1,200 mg PO BID	2,400 mg per day
Zyflo® (zileuton)	1,200 mg PO BID	2,400 mg per day
Asthma - Oral Glucocorticoids		
dexamethasone (Decadron)	0.75 to 9 mg/day PO in 2 to 4	Varies
, , , , , , , , , , , , , , , , , , ,	divided doses	
methylprednisolone (Medrol)	40 to 80 mg PO in 1 to 2	Varies
	divided doses	
prednisolone (Millipred®,	40 to 80 mg PO in 1 to 2	Varies
Orapred ODT®)	divided doses	
prednisone (Deltasone®)	40 to 80 mg PO in 1 to 2	Varies
	divided doses	



Drug Name	Dosing Regimen	Dose Limit/		
ECDA		Maximum Dose		
EGPA	60 /1 / 00 /1 /1	***		
methylprednisolone (Medrol)	6.0 mg/day to 0.8 mg/kg/day	Varies		
prednisone (Deltasone)	7.5 mg/day to 1 mg/kg/day	Varies		
cyclophosphamide*	1-2 mg/kg/day PO or 0.5-1 g/m ² /month IV	See regimen		
azathioprine*	2-3 mg/kg PO QD	See regimen		
methotrexate*	15 mg/week PO	25 mg/week		
mycophenolate mofetil*	1.5-3 g/day PO	3 g/day		
HES				
oral corticosteroids:*	0.5-1 mg/kg/day	Varies		
prednisolone, prednisone				
interferon alfa-2b (Intron-A®) *	1 − 6.25 million IU	20 million IU/m ² /day		
	subcutaneously daily			
imatinib (Gleevec®)	100 – 400 mg PO QD	400 mg/day		
cyclosporine*	150 – 500 mg PO QD	Varies		
azathioprine*	1 - 3 mg/kg PO QD	Varies		
hydroxyurea*	0.5 - 3 gm PO QD with or	80 mg/day		
	without corticosteroid			
CRSwNP				
Intranasal corticosteroids				
beclomethasone (Beconase AQ [®] , Qnasl [®])	1-2 sprays IN BID	2 sprays/nostril BID		
budesonide (Rhinocort® Aqua,	128 mcg IN QD or 200 mcg IN	1-2		
Rhinocort®)	BID	inhalations/nostril/		
Tume voic)		day		
flunisolide	2 sprays IN BID	2 sprays/nostril TID		
fluticasone propionate (Flonase®)	1-2 sprays IN BID	2 sprays/nostril BID		
mometasone (Nasonex®)	2 sprays IN BID	2 sprays/nostril BID		
Omnaris®, Zetonna® (ciclesonide	Omnaris: 2 sprays IN QD Omnaris: 2 spra			
· ·	Zetonna: 1 spray IN QD	nostril/day		
		Zetonna: 2 sprays/		
		nostril/day		
triamcinolone (Nasacort®)	2 sprays IN QD	2 sprays/ nostril/day		
Xhance [™] (fluticasone propionate)	1 to 2 sprays (93 mcg/spray) to nostril IN BID			
Oral corticosteroids				
dexamethasone (Decadron®)	0.75 to 9 mg/day PO in 2 to 4	Varies		
	divided doses	1 77 '		
methylprednisolone (Medrol®)	4 to 48 mg PO in 1 to 2 divided doses	d Varies		
prednisolone (Millipred®,	5 to 60 mg PO in 1 to 2 divided	l Varies		
Orapred ODT®)	doses			



Drug Name	0 0	Dose Limit/ Maximum Dose	
prednisone (Deltasone®)	5 to 60 mg PO in 1 to 2 divided doses	1 Varies	

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.
*Off-label

Appendix C: Contraindications/Boxed Warnings

Contraindication(s): hypersensitivity

• Boxed warning(s): none reported

Appendix D: General Information

• Asthma:

- The pivotal trials defined severe asthma as two or more exacerbations of asthma despite regular use of high-dose inhaled corticosteroids plus an additional controller with or without oral corticosteroids. Clinically significant exacerbation was defined as a worsening of asthma leading to the doubling (or more) of the existing maintenance dose of oral glucocorticoids for three or more days or hospital admission or an emergency department visit for asthma treatment.
- The Global Initiative for Asthma (GINA) guidelines recommend Nucala be considered as adjunct therapy for patients 6 years of age and older with exacerbations or poor symptom control despite taking at least high dose ICS/LABA and who have eosinophilic biomarkers or need maintenance oral corticosteroids.
- O Patients could potentially meet asthma criteria for both Xolair and Nucala, though data is insufficient to support combination use of multiple asthma biologics. The combination has not been studied. Approximately 30% of patients in the MENSA study also were candidates for therapy with Xolair.
- O PDC is a measure of adherence. PDC is calculated as the sum of days covered in a time frame divided by the number of days in the time frame. To achieve a PDC of 0.8, a member must have received their asthma controller therapy for 144 days out of the last 180 days, or approximately 5 months of the last 6 months.

• EGPA:

- o Standard of care for EGPA includes oral glucocorticoids. Induction therapy of prednisone 1 mg/kg/day is recommended for 2-3 weeks followed by gradual tapering to the minimal effective dose. Patients with stable doses of prednisone ≤ 7.5 mg/day are considered to be in remission, as defined by the European League Against Rheumatism (EULAR) and in the pivotal trial. The EGPA Consensus Task Force recommends that patients who are unable to taper prednisone to < 7.5 mg/day after 3-4 months of therapy should be considered for additional immunosuppressant therapy.
- Lab results for blood eosinophil counts can be converted into cells/mcL using the following unit conversion calculator: https://nucalahcp.com/severe-eosinophilic-asthma/eosinophils-and-moa/eosinophil-unit-calculator/
- Flares defined as a worsening of HES related clinical symptoms (e.g., pain, pruritus, skin lesions, nasal congestion, polyposis, dysphagia, or fatigue). An increase in blood eosinophil count requiring an escalation in therapy or above the predefined threshold



level. An increase in maintenance oral corticosteroid dose by greater than or equal to 10 mg for 5 days or increase in/addition of any cytotoxic and/or immunosuppressive HES therapy.

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
Severe asthma	Age 6 to 11 years: 40 mg SC every 4 weeks	100 mg every 4 weeks
	Age \geq 12 years: 100 mg SC every 4 weeks	_
EGPA, HES	300 mg SC every 4 weeks	300 mg every 4 weeks
CRSwNP	100 mg SC every 4 weeks	100 mg every 4 weeks

VI. Product Availability

- Single-dose vial: 100 mg of lyophilized powder for reconstitution
- Single-dose prefilled glass syringe with needle for injection: 100 mg/mL
- Single-dose prefilled autoinjector with needle for injection: 100 mg/mL
- Single-dose prefilled glass syringe with needle for injection: 40 mg/0.4 mL

VII. References

- 1. Nucala Prescribing Information. Philadelphia, PA: GlaxoSmithKline LLC; March 2023. Available at: www.nucala.com. Accessed November 14, 2024.
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Asthma

- 3. National Asthma Education and Prevention Program: Expert panel report III: Guidelines for the diagnosis and management of asthma. Bethesda, MD: National Heart, Lung, and Blood Institute, 2007. (NIH publication no. 08-4051). Available at http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines. Accessed November 14, 2024.
- 4. Cloutier MM, Dixon AE, Krishnan JA, et al. Managing asthma in adolescents and adults 2020: Asthma guideline update from the National Asthma Education and Prevention Program. JAMA. 2020; 324: 2301-2317.
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EGPA

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HES

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CRSwNP

- 16. Rank MA, Chu DK, Bognanni A, et al. The Joint Task Force on practice parameters GRADE guidelines for the medical management of chronic rhinosinusitis with nasal polyposis. *J* Allergy Clin Immunol. 2023;151(2):386-398.
- 17. Han JK, Bosson JV, Cho SH, et al. Multidisciplinary consensus on a stepwise treatment algorithm for management of chronic rhinosinusitis with nasal polyps. Int Forum Allergy Rhinol. 2021;1-10. Available at: https://onlinelibrary.wiley.com/doi/10.1002/alr.22851. Accessed October 31, 2022.

Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J2182	Injection, mepolizumab, 1 mg

Reviews, Revisions, and Approvals		P&T
		Approval
		Date
1Q 2021 annual review: criteria added for new FDA indication:	10.30.20	02.21
hypereosinophilic syndrome indication (HES); updated Appendix B		
and D; references to HIM.PHAR.21 revised to HIM.PA.154;		
references reviewed and updated.		
RT4: criteria added for newly FDA-approved indication of CRSwNP;	09.20.21	11.21
added Legacy WellCare line of business (WCG.CP.PHAR.200 to		
retire); added requirement that Legacy WellCare members being		
treated for severe asthma be enrolled in an asthma management		
program.		



Reviews, Revisions, and Approvals	Date	P&T Approval Date
1Q 2022 annual review: for asthma initial criteria, removed Legacy WellCare specific criteria regarding care management program; for asthma continuation criteria, defined adherence as PDC of 0.8; for EGPA, added diagnostic criteria and requirement for relapsing or refractory disease and modified glucocorticoid trial from 3 months to 4 weeks per pivotal study design; references reviewed and updated.	09.22.21	02.22
RT4: added newly approved pediatric dosage form of 40 mg/0.4 mL.	03.15.22	
Template changes applied to other diagnoses/indications and continued therapy section.	10.03.22	
1Q 2023 annual review: no significant changes; added Tezspire as another agent with which Nucala should not be used concurrently; references reviewed and updated.	10.31.22	02.23
Per February SDC, for CRSwNP modified requirement from three intranasal steroids to require only two.	02.21.23	05.23
1Q 2024 annual review: no significant changes; clarified Churg-Strauss was a previous name for EGPA; references reviewed and updated.	11.05.23	02.24
For EGPA: revised eosinophilia requirement from "BEC at least 150 cells/mcL" to "eosinophils > 1 x 10 ⁹ /L and/or > 10% of leukocytes" in alignment with pivotal study design and ACR EGPA classification criteria and management guidelines; replaced requirements for asthma and 2 additional characteristics of EGPA with requirement for active, non-severe disease; removed requirements for refractory or relapsed disease.	10.23.24	11.24
1Q 2025 annual review: for asthma initial approval criteria, added allowance for ER visit; references reviewed and updated. Per December SDC: HIM line of business removed as separate criteria is required; added statement disclaimer that California Exchange Plans should not be approved using these criteria and should use applicable HIM criteria; for asthma removed intubation option for alignment purposes as a hospital admission would encompass intubation.	12.02.24	02.25

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.



The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members, and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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