

# Clinical Policy: Gender-Affirming Procedures

Reference Number: CP.MP.95 Date of Last Revision: 01/23 Coding Implications Revision Log

# See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### Description

Services for gender affirmation most often include hormone treatment, counseling, psychotherapy, complete hysterectomy, bilateral mastectomy, chest reconstruction or augmentation as appropriate, genital reconstruction, facial hair removal, and certain facial plastic reconstruction. Not every individual will require each intervention, so necessity needs to be considered on an individualized basis. This criteria outlines medical necessity criteria for gender-affirming medical and surgical treatment (GAMST) when such services are included under the member/enrollee's benefit plan contract provisions.

\*Note: For procedures related to fertility preservation please see policy *CP.MP.130 Fertility Preservation*.

#### **Policy/Criteria**

I. It is the policy of Health Plans affiliated with Centene Corporation<sup>®</sup> that gender-affirming surgeries are considered **medically necessary** for members/enrollees when diagnosed with gender dysphoria or gender incongruence per section A. and when meeting the eligibility criteria in section B.

*Note:* Intersex individuals are not subject to the criteria in this policy.

- A. Gender Dysphoria or Gender Incongruence Criteria
  - 1. Marked and sustained incongruence between the member/enrollee's experienced/expressed gender and assigned gender, as *indicated by two or more* of the following:
    - a. Marked incongruence between the member/enrollee's experienced/expressed gender and primary and/or secondary sex characteristics;
    - b. A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender;
    - c. A strong desire for the primary and/or secondary sex characteristics of the other gender;
    - d. A strong desire to be of the other gender (or some alternative gender different from one's assigned gender);
    - e. A strong desire to be treated as the other gender (or some alternative gender different from one's assigned gender);
    - f. A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned gender);
    - g. The condition is associated with impairment in social, occupational, or other important areas of functioning.
- B. Eligibility criteria, all of the following:



- 1. Capacity to make a fully informed decision (including, but not limited to, awareness of the potential effects of treatment on fertility) and to consent for treatment;
- 2. If significant medical or mental health concerns present, they are reasonably well controlled;
- 3. Other possible causes of apparent gender dysphoria, gender incongruence, or gender diversity have been identified and excluded;
- 4. Minimum of one written statement with signature recommending gender-affirming medical and surgical treatment (GAMST) from a health care provider competent to independently assess and diagnose gender incongruence;
- 5. One of the following:
  - a. For members  $\geq 18$  years, all of the following:
    - i. Assessment for GAMST from a provider who meets both of the following:
      - a) Has experience in or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider);
      - b) Is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated;
    - ii. The documented assessment for GAMST meets all of the following:
      - a) Identifies any mental or physical health conditions that could negatively impact the outcome of GAMST, with risks and benefits discussed;
      - b) Notes the member/enrollee's capacity to understand the effect of GAMST on reproduction and includes a discussion of reproductive options with the member/enrollee prior to the initiation of GAMST;
    - iii. Member/enrollee remains stable on their gender affirming hormonal treatment regime (which may include at least six months of hormone treatment or longer if required to achieve the desired surgical result, unless hormone therapy is either not desired or is medically contraindicated).
  - b. For members/enrollees < 18 years all of the following:
    - i. Demonstrates the emotional and cognitive maturity required to provide informed consent/assent for the treatment;
    - ii. Has reached Tanner stage 2;
    - iii. Member/enrollee has been informed of the reproductive effects of GAMST, including the potential loss of fertility and the available options to preserve fertility, and these have been discussed in the context of the adolescent's stage of pubertal development;
    - iv. Member/enrollee has completed a minimum of 12 months of gender-affirming hormone therapy or longer, if required, to achieve the desired surgical result for gender-affirming procedures, including breast augmentation, orchiectomy, vaginoplasty, hysterectomy, phalloplasty, metoidioplasty, and facial surgery as part of gender-affirming treatment unless hormone therapy is either not desired or is medically contraindicated;
    - v. Assessment for GAMST from a provider who meets both of the following:



- a) Has experience in or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider);
- b) Is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated;
- C. Gender-affirming surgeries considered medically necessary when meeting above criteria and additional criteria as listed below for specific procedures:
  - 1. For members/enrollees age < 18 years, any of the following:
    - a. One of the following procedures is requested:
      - i. Penectomy;
      - ii. Urethroplasty;
      - iii. Mammoplasty;
      - iv. Mastectomy, and the member/enrollee has been assessed for risk factors associated with breast cancer;
      - v. Clitoroplasty;
      - vi. Vulvoplasty;
      - vii. Labiaplasty;
      - viii. Vaginectomy;
      - ix. Vulvectomy;
      - x. Scrotoplasty;
      - xi. Testicular prosthesis;
    - b. Twelve months of hormone therapy has been administered (unless hormone therapy is not desired or is medically contraindicated) and one of the following procedures has been requested:
      - i. Breast augmentation, and the member/enrollee has been assessed for risk factors associated with breast cancer;
      - ii. Phalloplasty;
      - iii. Metoidioplasty;
      - iv. Vaginoplasty;
      - v. Gonadectomy (i.e., hysterectomy, orchiectomy);
  - 2. For members/enrollees  $\geq$  18 years of age, any of the following:
    - a. Penectomy;
    - b. Urethroplasty;
    - c. Mammoplasty;
    - d. Mastectomy, and the member/enrollee has been assessed for risk factors associated with breast cancer;
    - e. Clitoroplasty;
    - f. Vulvoplasty;
    - g. Labiaplasty;
    - h. Vaginectomy;
    - i. Vulvectomy;
    - j. Scrotoplasty;
    - k. Testicular prosthesis;



- 1. Breast augmentation, and the member/enrollee has been assessed for risk factors associated with breast cancer;
- m. Phalloplasty;
- n. Metoidioplasty;
- o. Vaginoplasty;
- p. Gonadectomy (i.e., hysterectomy, salpingo-oophorectomy, orchiectomy; at least six months of hormone therapy may be considered prior to procedure, as appropriate for the member/enrollee's goals).
- **II.** It is the policy of Health Plans affiliated with Centene Corporation that gender affirming facial procedures will be considered for medical necessity on a case-by-case basis when meeting the following:
  - A. Criteria has been met in section I.A. and I.B.;
  - B. Requested procedure intends to correct existing facial appearance that demonstrates significant variation from standard appearance for the experienced gender. For members/enrollees <18 years, 12 months of hormone therapy is required prior to facial surgery as part of gender-affirming treatment unless hormone therapy is either not desired or medically contraindicated. Possible procedures include, but are not limited to, the following:
    - 1. Blepharoplasty;
    - 2. Face lift/mid-face lift/brow lift;
    - 3. Facial implants and bone reconstruction;
    - 4. Hair removal/electrolysis;
    - 5. Drugs for hair loss or growth;
    - 6. Hair transplantation or hairline advancement;
    - 7. Prosthetic or filler substances to alter contour;
    - 8. Rhinoplasty;
    - 9. Thyroid chondroplasty;
    - 10. Removal of redundant skin;
    - 11. Upper lip shortening and lip augmentation;
    - 12. Chondrolaryngoplasty;
    - 13. Voice modification surgery, therapy, or lessons.
- **III.** It is the policy of Health Plans affiliated with Centene Corporation that revision procedures for affirming gender are **medically necessary** when the revision is required to address complications of a prior gender affirming procedure (wound dehiscence, fistula, chronic pain directly related to the surgery, etc.).
- **IV.** It is the policy of Health Plans affiliated with Centene Corporation that the following procedures, when used to improve the gender specific appearance of a member/enrollee undergoing gender affirmation are **not medically necessary** as they are considered cosmetic in nature (not an all-inclusive list):
  - Abdominoplasty

• Mastopexy

- Liposuction
- Skin resurfacing



- Revision procedures for purposes other than correction of complications.
- V. It is the policy of Health Plans affiliated with Centene Corporation that detransition procedures by gender-related hormone intervention, surgical intervention, or both, will be considered for medical necessity on a case-by-case basis.

#### Background

Gender identity is a person's deepest inner sense of being female or male, which for many is established by the age of two through three years. *Gender nonconformity* refers to the extent to which a person's gender identity, role, or expression differs from the cultural norms prescribed for people of a particular sex.<sup>5</sup> *Gender dysphoria* refers to the discomfort or distress that is caused by a discrepancy between a person's gender identity and that person's sex assigned at birth (and the associated gender role and/or primary and secondary sex characteristics).<sup>2,5</sup> Per WPATH, the focus of gender dysphoria is not on the individual's gender identity, but on any of the distress or discomfort related to being transgender and gender diverse (TGD).<sup>10</sup> WPATH states that gender incongruence is considered a condition with a focus on the TGD person's experienced identity and any need for gender-affirming treatment that arises from this identity.<sup>10</sup>

Treatment to assist people with gender dysphoria is available and can help to find the gender identity and role that is comfortable for them. Treatment is very individualized and may or may not involve gender-affirming surgery or body modification. Treatment options include changes in gender expression and role; hormone therapy to feminize or masculinize the body; surgery to change primary and/or secondary sex characteristics; and psychotherapy. Many people who receive treatment for gender dysphoria will find a gender role and expression that is comfortable for them, regardless of whether they differ from the sex assigned them at birth.

The World Professional Association for Transgender Health (WPATH) is an international professional society dedicated to promoting the highest level of evidence-based principles for transgender and gender diverse (TGD) individuals. WPATH's Standards of Care (SOC) are a series of flexible guidelines for clinical practice published by the society and are based on evidence and expert consensus.<sup>20</sup> Version 8 of WPATH's SOC were published in 2022, and these guidelines offer clinical guidance to health care professionals caring for TGD people and are intended to be adaptable to meet the diverse health care needs of this population.

WPATH recommends that the assessment for gender-affirming medical and surgical treatment (GAMST) in individuals < 18 years old be completed by a provider who is licensed by their statutory body and hold a postgraduate degree or its equivalent in a clinical field relevant to this role granted by a nationally accredited statutory institution. The provider(s) working with gender diverse adolescents should additionally meet all of the following<sup>10</sup>:

- 1. Receive theoretical and evidenced-based training and develop expertise in general child, adolescent, and family mental health across the developmental spectrum;
- 2. Receive training and have expertise in gender identity development, gender diversity in children and adolescents, have the ability to assess capacity to assent/consent, and possess general knowledge of gender diversity across the life span;



- 3. Receive training and develop expertise in autism spectrum disorders and other neurodevelopmental presentations or collaborate with a developmental disability expert when working with autistic/neurodivergent gender diverse adolescents;
- 4. Continue engaging in professional development in all areas relevant to gender diverse children, adolescents, and families;
- 5. Complete a comprehensive biopsychosocial assessment of the adolescent member/enrollee presenting with gender identity-related concerns and seek medical/surgical transition-related care in a collaborative and supportive manner;
- 6. Maintain an ongoing relationship with the gender diverse and transgender adolescent member/enrollee and any relevant caregivers to support the adolescent in their decision-making throughout the duration of puberty suppression treatment, hormonal treatment, and gender- related surgery until the transition is made to adult care;
- 7. Involve parent(s)/guardian(s) in the GAMST assessment and treatment process, unless their involvement is determined to be harmful to the adolescent or not feasible;
- 8. Involve relevant disciplines, including mental health and medical professionals, to reach a decision about whether puberty suppression, hormone initiation, or gender-related surgery for gender diverse and transgender adolescents are appropriate and remain indicated throughout the course of treatment until the transition is made to adult care.

WPATH recommends that the assessment for GAMST in adults  $\geq$  18 years of age be completed by a provider who is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider). The provider(s) working with gender diverse adults should additionally meet all of the following<sup>10</sup>:

- 1. Identify co-existing mental health or other psychosocial concerns, distinguishing these from gender dysphoria, incongruence, and diversity;
- 2. Assess capacity to consent for treatment (capacity to consent is required for GAMST assessment);
- 3. Have experience or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity and is able to liaise with professionals from different disciplines within the field of transgender health for consultation and referral, if required;
- 4. Identify and exclude other possible causes of apparent gender incongruence prior to the initiation of gender-affirming treatments;
- 5. Ensure any mental or physical health conditions that could negatively impact the outcome of GAMSTs are assessed, with risks and benefits discussed, before a decision is made regarding treatment;
- 6. Assess the member/enrollee's capacity to understand the effect of GAMST on reproduction and discuss reproduction options with the member/enrollee prior to the initiation of GAMST;
- 7. Assess and discuss the role of social transition with the member/enrollee requesting GAMST.

#### **Coding Implications**

This clinical policy references Current Procedural Terminology (CPT<sup>®</sup>). CPT<sup>®</sup> is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted



2021, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

This code list does not indicate if a procedure is or is not considered medically necessary.	(	CPT codes that may be considered part of gender-affirming surgery.
		This code list does not indicate if a procedure is or is not considered medically necessary.

<b>CPT<sup>®</sup> Codes</b>	Description	
11950 through 11954	Subcutaneous injection of filling material (eg, collagen)	
11960	Insertion of tissue expander(s) for other than breast, including subsequent expansion	
11970	Replacement of tissue expander with permanent implant	
14000	Adjacent tissue transfer or rearrangement, trunk; defect 10 sq cm or less	
14001	Adjacent tissue transfer or rearrangement, trunk; defect 10.1 sq cm to 30.0 sq cm	
14040	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands and/or feet; defect 10 sq cm or less	
14041	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands and/or feet; defect 10.1 sq cm to 30.0 sq cm	
15100	Split-thickness autograft, trunk, arms, legs; first 100 sq cm or less, or 1% of body area of infants and children (except 15050)	
15101	Split-thickness autograft, trunk, arms, legs; each additional 100 sq cm, or each additional 1% of body area of infants and children, or part thereof (List separately in addition to code for primary procedure)	
15120	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitali hands, feet, and/or multiple digits; first 100 sq cm or less, or 1% of body area o infants and children (except 15050)	
15121	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia, hands, feet, and/or multiple digits; each additional 100 sq cm, or each additional 1% of body area of infants and children, or part thereof (List separately in addition to code for primary procedure)	
15200	Full thickness graft, free, including direct closure of donor site, trunk; 20 sq cm or less	
15570	Formation of direct or tubed pedicle, with or without transfer; trunk	
15574	Formation of direct or tubed pedicle, with or without transfer; forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands or feet	
15600	Delay of flap or sectioning of flap (division and inset); at trunk	
15620	Delay of flap or sectioning of flap (division and inset); at forehead, cheeks, chin, neck, axillae, genitalia, hands, or feet	
15757	Free skin flap with microvascular anastomosis	
15758	Free fascial flap with microvascular anastomosis	
15775	Punch graft for hair transplant; 1 to 15 punch grafts	
15776	Punch graft for hair transplant; more than 15 punch grafts	



<b>CPT<sup>®</sup> Codes</b>	Description	
15780 through		
15783	Dermabrasion	
15786	Abrasion; single lesion (eg, keratosis, scar)	
15707	Abrasion; each additional 4 lesions or less (List separately in addition to code for	
15787	primary procedure)	
15788	Chemical peel, facial; epidermal	
15789	Chemical peel, facial; dermal	
15792	Chemical peel, nonfacial; epidermal	
15793	Chemical peel, nonfacial; dermal	
15820 through		
15823	Blepharoplasty	
15824	Rhytidectomy; forehead	
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)	
15826	Rhytidectomy; glabellar frown lines	
15828	Rhytidectomy; cheek, chin, and neck	
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap	
15830	Excision, excessive skin and subcutaneous tissue (includes lipectomy);	
13830	abdomen, infraumbilical panniculectomy	
15832 through		
15839	Excision, excessive skin and subcutaneous tissue (includes lipectomy)	
15876 through		
15879	Suction assisted lipectomy	
17380	Electrolysis epilation, each 30 minutes	
19303	Mastectomy, simple, complete	
19316	Mastopexy	
19318	Breast reduction	
19325	Breast augmentation with implant	
19350	Nipple/areola reconstruction	
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)	
21121	Genioplasty; sliding osteotomy, single piece	
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or	
21122	bone wedge reversal for asymmetrical chin)	
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes	
	obtaining autografts)	
21125	Augmentation, mandibular body or angle; prosthetic material	
21127	Augmentation, mandibular body or angle; with bone graft, onlay or	
	interpositional (includes obtaining autograft)	
21208	Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic	
	implant)	
21209	Osteoplasty, facial bones; reduction	
21210	Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)	
21270	Malar augmentation, prosthetic material	
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip	



<b>CPT<sup>®</sup> Codes</b>	Description	
30410 Rhinoplasty, primary; complete, external parts including bony pyramid,		
30410	and alar cartilages, and/or elevation of nasal tip	
30420	Rhinoplasty, primary; including major septal repair	
30430	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)	
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)	
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)	
31599	Unlisted procedure, larynx	
31899	Unlisted procedure, trachea, bronchi	
53410	Urethroplasty, 1-stage reconstruction of male anterior urethra	
53415	Urethroplasty, transpubic or perineal, 1-stage, for reconstruction or repair of prostatic or membranous urethra	
53420	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; first stage	
53425	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; second stage	
53430	Urethroplasty reconstruction female urethra	
53460	Urethromeatoplasty, with partial excision of distal urethral segment (Richardson type procedure)	
54125	Amputation of penis; complete	
54400	Insertion of penile prosthesis; non-inflatable (semi-rigid)	
54401	Insertion of penile prostnesis; inflatable (self-contained)	
	Insertion of multi-component, inflatable penile prosthesis, including placement	
54405	of pump, cylinders, and reservoir	
54406	Removal of all components of a multi-component, inflatable penile prosthesis without replacement of prosthesis	
54408	Repair of component(s) of a multi-component, inflatable penile prosthesis	
	Removal and replacement of all component(s) of a multi-component, inflatable	
54410	penile prosthesis at the same operative session	
54411	Removal and replacement of all components of a multi-component inflatable penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue	
54415	Removal of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis, without replacement of prosthesis	
54416	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self- contained) penile prosthesis at the same operative session	
54417	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue	
54520	Orchiectomy simple with or without testicular prosthesis, scrotal or inguinal approach	
54660	Insertion testicular prosthesis (separate procedure)	
54690	Laparoscopy, surgical; orchiectomy	
55175	Scrotoplasty; simple	
55180	Scrotoplasty; complicated	

<b>CPT<sup>®</sup> Codes</b>	Description	
55970	Intersex surgery; male to female	
55980	Intersex surgery; female to male	
56625	Vulvectomy simple; complete	
56800	Plastic repair of introitus	
56805	Clitoroplasty intersex state	
56810	Perineoplasty, repair of perineum, nonobstetrical (separate procedure)	
57106	Vaginectomy, partial removal of vaginal wall;	
57107	Vaginectomy, partial removal of vaginal wall; with removal of paravaginal	
57107	tissue (radical vaginectomy)	
57110	Vaginectomy complete removal vaginal wall	
57111	Vaginectomy, complete removal of vaginal wall; with removal of paravaginal	
57111	tissue (radical vaginectomy)	
57291	Construction artificial vagina; without graft	
57292	Construction artificial vagina; with graft	
57295	Revision (including removal) of prosthetic vaginal graft; vaginal approach	
57000	Revision (including removal) of prosthetic vaginal graft; open abdominal	
57296	approach	
57335	Vaginoplasty intersex state	
57426	Revision (including removal) of prosthetic vaginal graft, laparoscopic approach	
50150	Total abdominal hysterectomy (corpus and cervix) with or without removal of	
58150	tube(s), with or without removal of ovary(s)	
58260Vaginal hysterectomy, for uterus 250 g or less		
	Vaginal hysterectomy uterus 250 g or less; with removal of tube(s) and/or ovary	
58262	(s)	
592(2	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or	
58263	ovary(s), with repair of enterocele	
	Vaginal hysterectomy, for uterus 250 g or less; with colpo-urethrocystopexy	
58267	(Marshall-Marchetti-Krantz type, Pereyra type) with or without endoscopic	
	control	
58270 Vaginal hysterectomy, for uterus 250 g or less; with repair of enterocele		
58275	Vaginal hysterectomy, with total or partial vaginectomy	
58285	Vaginal hysterectomy, radical (Schauta type operation)	
58290	Vaginal hysterectomy, for uterus greater than 250 g	
59201	Vaginal hysterectomy uterus greater than 250 g; with removal of tube(s) and/or	
58291	ovary(s)	
59202	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s)	
58292	and/or ovary(s), with repair of enterocele	
58294	Vaginal hysterectomy, for uterus greater than 250 g; with repair of enterocele	
58541		
	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with	
58542	removal of tube(s) and/or ovary(s)	
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;	
	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;	
58544	with removal of tube(s) and/or ovary(s)	
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<b>CPT<sup>®</sup> Codes</b>	Description	
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less	
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary (s)	
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g	
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less	
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	
58572	Laparoscopy, surgical, with total hysterectomy for uterus greater than 250 g	
58573	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	
58661	Laparoscopy surgical; with removal of adnexal structures (partial or total oophorectomy and/or salpingectomy)	
58720	Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)	
58940		
58999	Unlisted procedure, female genital system (nonobstetrical)	
64856	Suture of major peripheral nerve, arm or leg, except sciatic; including transposition	
64892	Nerve graft (includes obtaining graft) single strand arm or leg; up to 4 cm	
64896	Nerve graft (includes obtaining graft), multiple strands (cable), hand or foot; more than 4 cm length	
67900	Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)	

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Reviews, Revisions, and Approvals	Revision Date	Approval Date
Policy developed; specialist reviewed	11/14	11/14
Added clitoroplasty, vulvoplasty and labiaplasty to section III.A. References reviewed and updated. Codes reviewed and updated.	09/18	10/18
Replaced term "gender reassignment" with "gender affirmation" throughout the policy and changed title to "Gender Affirming Procedures". Added criteria for endometrial ablation as a medically necessary procedure for transmen. Added as not medically necessary brow lift and voice therapy/lessons. Codes reviewed (14040 corrected and 14001 and 15101 added, along with various description updates). Reviewed by specialist.	10/19	10/19
Removed indication for endometrial ablation as it is included in CP.MP.106.	11/19	
Removed CPT code 19304 - code deleted 1/1/2020	04/20	
Added statement that revision procedures are medically necessary when performed to correct procedure complications. Added revisions for other purposes to the cosmetic, not medically necessary list. Removed	08/20	08/20



Reviews, Revisions, and Approvals	Revision Date	Approval Date
background statement that only some transgender, transsexual, and gender nonconforming people experience gender dysphoria. References reviewed and updated.		
Added characteristics of a mental health provider to II.F and II.G. Revised criteria in II.G to allow second referral letter from a qualified mental health provider, rather than limiting to psychologist or psychiatrist. References reviewed and updated. Description of CPT 11970, 19325 revised in 2021. CPT 19324, 58293 deleted in 2021. Replaced "member" with "member/enrollee."	03/21	04/21
Added 19318 to the list of CPT codes that may be considered part of gender affirming procedures.	11/21	
Annual Review. Changed "Last Review Date" to "Date of Last Revision" in the header. Added note before the criteria section stating that individuals with a disorder of sexual development (i.e. intersex) don't need to meet all the same criteria for duration of gender dysphoria, age requirements and duration of prior treatment such as hormone therapy. Incorporated gender- neutral language to the eligibility and criteria section II. A. 1, E. and III. A. and B. In II.B., noted that informed consent includes awareness of treatment effects on fertility. Added the word "minimum" to degree requirement in criteria II.F. and G. In II.E, noted that the requirement of 12 months of hormone therapy before mastectomy in adolescents should be considered on a case-by-case basis. Added new criteria in section IV regarding facial procedures, and modified the not medically necessary procedures list in VI accordingly. Grammatical changes made to the background with no impact to the policy. "Date" changed to "Revision Date" in the revision log header. References reviewed and updated. Specialist reviewed.	08/22	08/22
Criteria updated to incorporate WPATH Standards of Care version 8 (SOC-8). Noted that intersex individuals are not subject to this criteria I. Background updated to reflect updates in WPATH SOC-8. Reference list updated to replace WPATH SOC-7 to SOC-8. Reviewed by internal specialist and external specialist.	01/23	01/23

#### References

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#### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollee. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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**Note: For Medicaid members/enrollees**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

**Note: For Medicare members/enrollees,** to ensure consistency with the Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD), all applicable NCDs, LCDs, and Medicare Coverage Articles should be reviewed <u>prior to</u> applying the criteria set forth in this clinical policy. Refer to the CMS website at <u>http://www.cms.gov</u> for additional information.

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