

Clinical Policy: Cochlear Implanted Replacements (Arkansas)

Reference Number: AR.CP.MP.14

Last Review Date: 7/28/2021

Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

This policy outlines medical necessity criteria for the replacement of cochlear implants and/or cochlear implant components. The cochlear implant has 4 basic components: a microphone, worn externally behind the ear, which picks up sounds; an external speech processor which converts sounds to electrical signals; a transmitter and receiver/stimulator which forward the signals; and implanted electrodes, which stimulate the fibers of the auditory nerve.

Policy/Criteria

- I. It is the policy of Ambetter from Arkansas Health and Wellness that *replacement* of a cochlear implant(s) and/or its external components (external speech processor, controller, etc.) is considered **medically necessary** when any one of the following is present:
 - **A.** The existing device(s) is no longer functional and cannot be repaired; or
 - **B.** A change in the member's condition makes the existing unit(s) inadequate for the hearing-related activities of daily living and improvement is expected with a replacement unit(s); or
 - C. A sound processor replacement if the current processor is at least five years old for members without a craniofacial anomaly diagnosis and every two years for members with a craniofacial anomaly diagnosis.
- II. It is the policy of Ambetter from Arkansas Health and Wellness that *replacement or upgrade* of an existing, properly functioning cochlear implant and/or its external components (external speech processor, controller, etc.) is considered **not medically necessary** when requested only for convenience or to simply upgrade to a newer technology.

Background

Sensorineural hearing loss, or nerve deafness, is a type of hearing loss that results from problems with the inner ear, related to the cochlea, eighth nerve, internal auditory canal, or brain. A common cause of hearing loss in adults is presbycusis, a progressive condition caused by the loss of function of hair cells in the inner ear. Severe to profound hearing loss in children most often is caused by genetics, prenatal, perinatal, or postnatal causes. A cochlear implant, an electronic device surgically placed under the skin, bypasses the hair cells and directly transmits sounds through multiple electrodes, which stimulate the auditory nerve. Once the auditory nerve is activated, signals are sent to the brain. The brain learns to recognize these signals and the person experiences this as hearing.

Cochlear implants have been studied since the 1950s and were approved by the FDA in adults in the mid-1980s. National Institute of Health (NIH) scientists determined cochlear implants to be



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cost beneficial. The cost of cochlear implantation, adjustments and training averages \$60,000 whereas the services, special education and adaptation related to a child that is deaf before age three costs more than \$1 million.

Recent studies have been conducted evaluating the use of bilateral cochlear implants compared to unilateral implants. Many of these studies have shown that children obtained significantly higher hearing thresholds in the bilateral implants. Speech recognition scores in quiet and noisy conditions were also improved in bilateral users. Studies also have shown better scores on sentence and word recognition tests for bilateral users.

Very little data has been published comparing differences between bilateral cochlear implants and cochlear implant with a hearing aid on the opposite ear. One small study showed improved localization abilities and speech perception scores for two former users of cochlear implant/hearing aid within the first 6 months after the second implant was activated. However, performance showed a slight decline after 6 months of use. Further studies are needed in this area to determine efficacy for bilateral cochlear implants in adults.

While evidence is increasing regarding the use of bilateral implants, bilateral implantation is not without problems. Limited nerve survival that remains may be asymmetrical, resulting in an unnatural pattern of neural activity in stimulation with electrical pulses. This asynchronous stimulation across devises might result in individual neural impulses which are unlikely to result in useful cues related to interaural differences. Also, bilateral implantation doubles the risks associated with surgical intervention and is very costly.

Coding Implications

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CPT®* Codes	Description
69949	Unlisted procedure, inner ear



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HCPCS Codes	Description	
L8615	Headset/headpiece for use with cochlear implant device, replacement	
L8616	6 Microphone for use with cochlear implant device, replacement	
L8617	Transmitting coil for use with cochlear implant device, replacement	
L8618	Transmitter cable for use with cochlear implant device, replacement	
L6819	Cochlear implant, external speech processor and controller, integrated system, replacement	
L8623	Lithium ion battery for use with cochlear implant device speech processor, other than ear level replacement	
L8624	Lithium ion battery for use with cochlear implant device speech- processor, ear level replacement, each	
L8627	Cochlear implant, external speech processor, component, replacement	
L8628	Cochlear implant, external controller component, replacement	
L8629	Transmitting coil and cable, integrated, for use with cochlear implant device, replacement	

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

ICD 10 CM	Description	
Code		
H90.3	Sensorineural hearing loss, bilateral	
H90.41	Sensorineural hearing loss, unilateral, right ear, with unrestricted hearing on the contralateral side	
H90.42	Sensorineural hearing loss, unilateral, left ear, with unrestricted hearing on the contralateral side	
H90.5	Unspecified sensorineural hearing loss	
Q85.00	Neurofibromatosis, unspecified	
Q85.02	Neurofibromatosis, type 2	
Z96.21	Cochlear implant status	

Reviews, Revisions, and Approvals	Date	Approval Date
Policy developed for compliance with AR §23-79-15(2021)	7/28/2021	

References

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 http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/ImplantsandProsthetics/CochlearImplants/default.htm. Published February 9, 2021. Accessed June 17, 2021.
- 3. Fedoseev VI, Mileshina NA, Bakhshinyan VV. Reoperations after cochlear implantation. *Acta Otolaryngol*. 2000 Mar;120(2):160-3. doi: 10.1080/000164800750000829.
- 4. North HJD, Lloyd SKW. Hearing Rehabilitation in Neurofibromatosis Type 2. *Adv Otorhinolaryngol*. 2018;81:93-104. doi:10.1159/000485526.
- 5. Year 2019 position statement: Principles and guidelines for early hearing detection and intervention programs. *J Early Hear Detect Interv.* 2019; 4(2):1-44.
- 6. Local coverage article: billing and coding: external components for cochlear implants (A53709). Centers for Medicare and Medicaid Services Web site. http://www.cms.hhs.gov/mcd/search.asp. Published October 1, 2015 (revised November 7, 2019). Accessed June 17, 2021.

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means Ambetter from Arkansas Health and Wellness.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a



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discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note: For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.