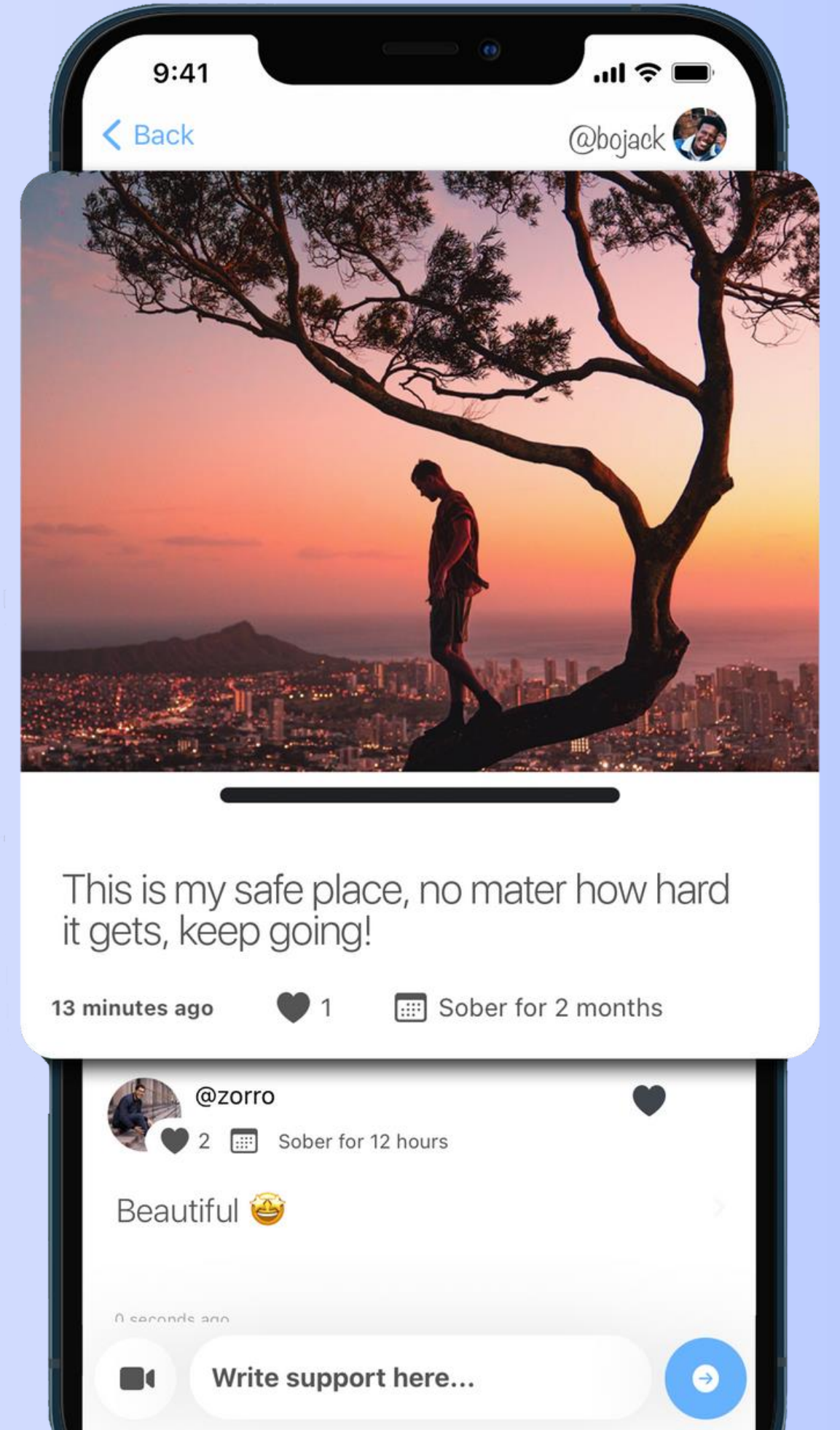


Intro to Sober Sidekick Provider Training



FROM  **arkansas**
health & wellness.



Rebeca Smith

Who We Are Working For


Challenges Prior to Using Sober Sidekick

- 19 years of Alcohol and Amphetamine Use
- 430 days sober in AR Dept. of Corrections
- 2 rounds of treatment
- Multiple 100+ day stretches of sobriety
- Feels Isolated when others are drinking

Life with Sober Sidekick

The Rebeca We Know Today

- 55 Days Sober
- 5 Recovery Navigation Messages
- Attended 2 Sober Sidekick Meetings
- Posted 2 Messages Giving Support



"This [Sober Sidekick] has helped me more than you can ever know. Alcohol is my trigger for Amphetamines, and I'm around people drinking all the time. Now I can join a meeting or connect with someone any time."

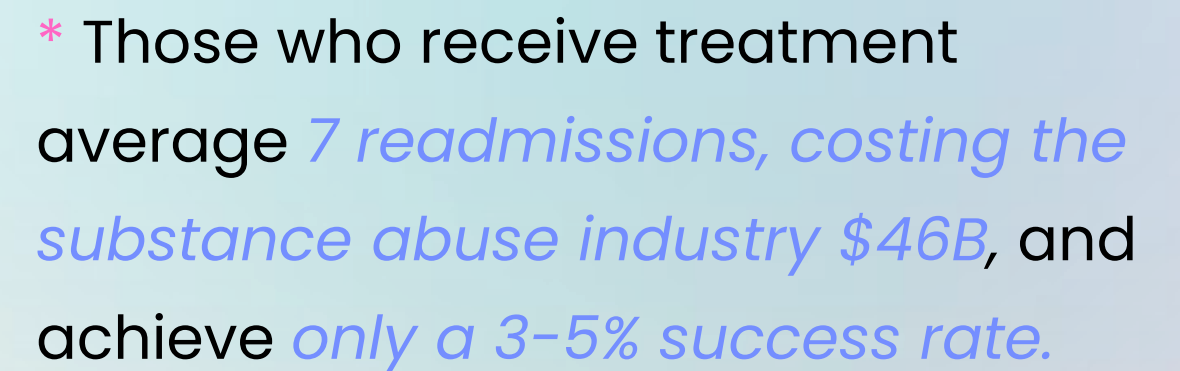
Relapses, Suicides, and Overdoses

Don't happen in clinics, they happen in the moments when members are alone

[illegible]

Sources:

- Addiction Center, NCDAS: Substance Abuse and Addiction Statistics, SAMHSA
- <https://www.samhsa.gov/data/sites/default/files/reports/rpt44486/2022-nsduh-sae-state-tables/NSDUHsaeArkansas2022.pdf>



Sober Sidekick

Solving For Moments of Isolation

857 Days

28 Months

2 Years



[**Watch Demo**](#)



Transformative Social Platform

Inspired by popular social platforms but designed for meaningful recovery.



Empathy Drives Connection

The more support you give, the more you receive, fostering a cycle of mutual growth.



The Ripple Effect of Kindness

Simple acts of support create a butterfly effect, impacting countless lives.



A Platform for Recovery Stories

A space where individuals in recovery rewrite their narratives and reclaim their lives.

Providers Say to Patients

Accessible & Engaged Community

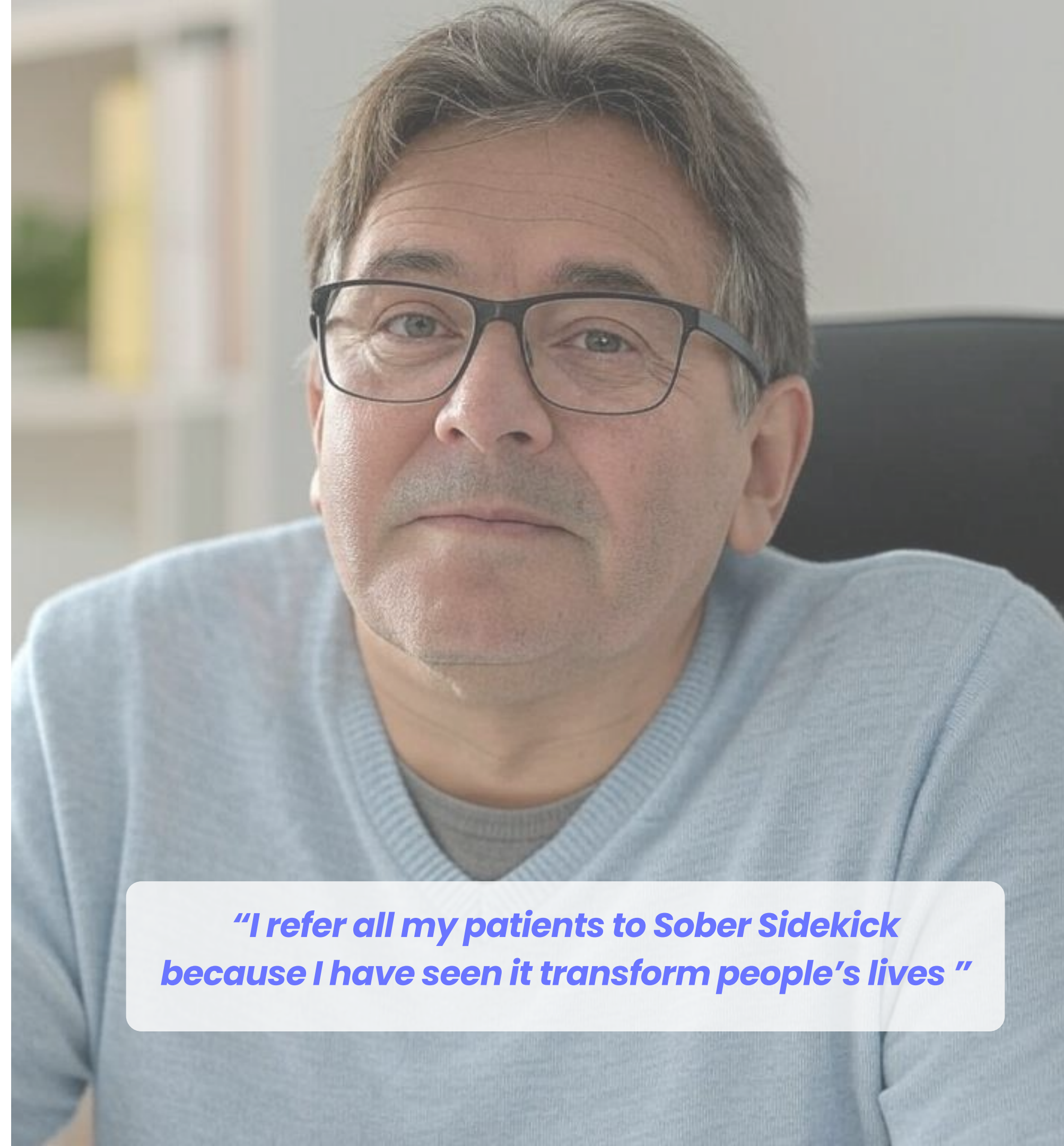
- Inspiration and Motivation For Change
- Anonymous
- 24/7 Peer Connections
- No Member Has Ever Gone Without Support
- 6 Support Connections Per Request
- Responses within minutes
- 24/7 Virtual Recovery Meetings

Outcomes

- Largest global data set of self-reported relapses
- Validated reduction in relapse episodes
- 50% improvement w/ 1 peer connection
- Longitudinal visibility into success

Trust and Safety

- Realtime Key Word Monitoring
- Crowdsourced Flagging
- Human Support & Monitoring



***"I refer all my patients to Sober Sidekick
because I have seen it transform people's lives "***

**Help us reach
1000s more in
recovery**

**Available on
iOS and Android**



THANK
YOU

Sober Sidekick

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