

Hypertension



Blood Pressure Control

< 140/90 mm Hg controlled

Members ages 18–85 who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg) during the measurement year

CPT® Category II Code(s)

Systolic < 130	3074F	Diastolic < 80	3078F
Systolic 130–139	3075F	Diastolic 80–89	3079F

Remote Blood Pressure Monitoring

CPT® Codes

99221-23	99238-39	99281-85
99231-36	99252-55	99291

Prescription Monitoring

Renin Angiotensin System Antagonists (PDC-RASA)

Members who are 18 or older and who were on a renin angiotensin system antagonist medication at least 80% of the days from the first fill through the end of the year

Direct Renin Inhibitor Medications and Combinations

aliskiren (+/- amlodipine, hydrochlorothiazide)

Angiotensin Receptor Blocker (ARB) Medications and Combinations

azilsartan (+/- chlorthalidone)

candesartan (+/- hydrochlorothiazide)

eprosartan (+/- hydrochlorothiazide)

irbesartan (+/- hydrochlorothiazide)

losartan (+/- hydrochlorothiazide)

olmesartan (+/- amlodipine, hydrochlorothiazide)

telmisartan (+/- amlodipine, hydrochlorothiazide)

valsartan (+/- amlodipine, hydrochlorothiazide, nebivolol)

Quality Tips:

- If blood pressure is elevated, retake it. The taken combination of lowest readings during a visit is acceptable.
- Ensure that the blood pressure cuff is the correct size for the patient's arm, and that it is providing accurate readings.
- Do not round numbers up when using an automatic blood pressure machine.
- Review patient's medication list every visit.
- Educate patients on the importance of medication compliance.
- During telehealth or telephone visits, allow readings taken by a member with any digital device.
- During telehealth or telephone visits, exclude readings taken by a member using a non-digital device, such as a manual blood pressure cuff and stethoscope.

Angiotensin-Converting Enzyme (ACE) Inhibitor Medications and Combinations

benazepril (+/- amlodipine, hydrochlorothiazide)

captopril (+/- hydrochlorothiazide)

enalapril (+/- hydrochlorothiazide)

fosinopril (+/- hydrochlorothiazide)

lisinopril (+/- hydrochlorothiazide)

moexipril (+/- hydrochlorothiazide)

perindopril (+/- amlodipine)

quinapril (+/- hydrochlorothiazide)

ramipril

trandolapril (+/- verapamil)

NOTE: The information listed here is not all-inclusive and should be used as a reference only. Please refer to current ICD-10/ CPT/HCPCS coding and documentation guidelines found at [cms.gov](https://www.cms.gov). HEDIS® measures can be found at [ncqa.org](https://www.ncqa.org).