

# Annual Physical & Wellness Visits

## A successful Annual Wellness Visit will:

- Identify patients who need disease management or intervention.
- Improve meaningful data exchanges between the health plan and providers.
- Improve the quality of care provided and patient health outcomes.

## The medical record must support all diagnoses and all services billed on the claim. It must:

- Address all conditions that require or affect patient care, treatment, or management.
- Code to the highest degree of specificity using ICD-10 guidelines.
- Submit claim/encounter data for each service rendered.
- Thoroughly document the specific diagnoses and care plan.
- Include CPT® II codes as applicable to provide additional details.
- Ensure all claim/encounter data is accurate and submitted in a timely manner.

### Annual Wellness Visits

| Welcome to Medicare Exam<br>G0402<br>(Once-in-a-lifetime benefit) | Initial Annual Wellness Visit<br>G0438<br>(Once-in-a-lifetime benefit) | Subsequent Annual Wellness Visit<br>G0439<br>(All subsequent visits) | The Annual Wellness Visit (AWV) includes personalized prevention plan services (PPPS) that focus on disability and disease prevention. This service is covered once per calendar year. Refer to the Medicare Claims Processing Manual for other services covered at the time of an IPPE or AWV. |
|---|--|--|---|
|   |  |  |   |

### Annual Physical Exams

| Exam Type  | Initial | Subsequent | Annual Physical Exams include an appropriate history/exam with risk counseling and/or quality intervention. The extent and focus of the exam depends on the age and biological sex of the patient. This service is covered once per calendar year. Refer to the CPT code book for further guidance, and to view other services covered at the same time of a preventive medicine exam. |
|------------|---------|------------|--|
| Ages 18–39 | 99385   | 99395      |  |
| Ages 40–64 | 99386   | 99396      |  |
| Ages 60+   | 99387   | 99397      |  |

NOTE: Follow ICD-10-CM/CPT/HCPCS guidelines for coding and reporting at [cms.gov](https://www.cms.gov). HEDIS® measures can be found at [ncqa.org](https://www.ncqa.org).

# Annual Physical & Wellness Visits

## Separate Evaluation and Management (E/M)<sup>1</sup>

- Provider may perform separately identifiable services 99202–99215, 99385–99387, 99395–99397, G0402, G0438–G0439 on the same day.
- A separately identifiable E/M service may be reported if prompted by symptoms or chronic conditions assessed during the AWW/Physical. Select the appropriate level of E/M services based on the following:
  1. The level of the medical decision making as defined for each service; or
  2. The total time for E/M services performed on the date of the encounter.
- The components of both the AWW and the Physical Exam must be met and documented.
- Report E/M and routine Physical with modifier -25 when performed on the same date.
- If the provider’s time is spent in the supervision of clinical staff who perform the face-to-face services of the encounter, use code 99211.

## ICD-10: Encounter for General Adult Medical Exam

Report the documented reason for the encounter as the primary diagnosis code and assign additional diagnosis codes if applicable. Follow the current year’s official ICD-10-CM guidelines for coding and reporting.

### ... with normal findings, Z00.00

Use when conditions are stable or improving. Report additional codes for chronic conditions.

### ... with abnormal findings, Z00.01

Use when any abnormality is found during the visit. Report additional codes for all existing conditions.

<sup>1</sup> <https://www.ama-assn.org/system/files/2019-06/cpt-office-prolonged-svs-code-changes.pdf>

# Annual Physical & Wellness Visits

## Required Components:

| Annual Wellness Visit   | Welcome to Medicare Exam | Annual Physical Exam |                   |                 |           |  |   |   |
|---|--------------------------|----------------------|-------------------|-----------------|-----------|--|---|---|
| <p><b>Establish/Review or Update:</b></p> <ul style="list-style-type: none"> <li>• Health Risk Assessment (HRA), if needed.</li> <li>• Medical, social, and family history. List current providers.</li> <li>• Risk Factor Screenings:               <ul style="list-style-type: none"> <li>• Depression and mood disorders</li> <li>• Functional ability</li> <li>• Level of safety</li> </ul> </li> <li>• Written preventive screening schedule.</li> <li>• Risk factors/conditions that need and/or receive intervention.               <ul style="list-style-type: none"> <li>• Treatment options with associated risks/benefits</li> </ul> </li> <li>• Personalized health advice/referrals provided to patient.</li> <li>• Health education/counseling/preventive services:               <table border="0" data-bbox="153 1230 709 1341"> <tr> <td>Weight loss</td> <td>Smoking cessation</td> </tr> <tr> <td>Physical activity</td> <td>Fall prevention</td> </tr> <tr> <td>Nutrition</td> <td></td> </tr> </table> </li> </ul> | Weight loss              | Smoking cessation    | Physical activity | Fall prevention | Nutrition |  | <p><b>Review:</b></p> <ul style="list-style-type: none"> <li>• Medical and social history.</li> <li>• Risk factors for depression and mood disorders.</li> <li>• Functional ability and level of safety.</li> </ul> <p><b>Examine:</b></p> <ul style="list-style-type: none"> <li>• Height, weight, and BMI.</li> <li>• Blood pressure.</li> <li>• Visual acuity screen.</li> <li>• Any other factors based on patient’s medical and social history.</li> </ul> <p><b>Include:</b></p> <ul style="list-style-type: none"> <li>• End of life planning — patient may decline.</li> <li>• Education, counseling, and referral as appropriate.               <ul style="list-style-type: none"> <li>• Based on review and exam assessment</li> <li>• To obtain screenings and other preventive services</li> </ul> </li> <li>• Brief written plan — provided to the patient.</li> </ul> | <p>Exam focused on modifiable risk factors and disease prevention.</p> <ul style="list-style-type: none"> <li>No chief complaint</li> <li>Not due to present illness</li> </ul> <ul style="list-style-type: none"> <li>• Comprehensive history and physical exam findings.               <ul style="list-style-type: none"> <li>• Complete systems review</li> <li>• Past medical, social, and family history</li> <li>• Pertinent risk factors</li> </ul> </li> <li>• Description and status of chronic conditions that are not significant enough to require additional work-up.</li> <li>• Description and care plan for minor problems that do not require additional work-up.</li> <li>• Risk factor and age-appropriate counseling, screening labs, tests, and vaccines including orders and/or referrals.</li> </ul> <p><i>Document and code any abnormalities found, regardless of whether the finding requires an additionally reported service.</i></p> |
| Weight loss   | Smoking cessation        |                      |                   |                 |           |  |   |   |
| Physical activity   | Fall prevention          |                      |                   |                 |           |  |   |   |
| Nutrition   |                          |                      |                   |                 |           |  |   |   |

# Annual Physical & Wellness Visits

## Separate Services Covered in Addition to the AWW

Refer to the Medicare Claims Processing Manual

### Preventive Services:

- Diabetes outpatient self-management training
- Medical nutrition therapy for diabetes or renal disease
- Bone mass measurement
- Electrocardiogram
- Ultrasound for abdominal aortic aneurysms

### Screenings:

|                   |                |
|-------------------|----------------|
| Colorectal cancer | Cardiovascular |
| Pap smear         | Pelvic exam    |
| Prostate cancer   | Glaucoma       |
| Mammography       | Diabetes       |

### Vaccines and Administration:

Pneumococcal    Influenza    Hepatitis B

## Covered in Addition to the Annual Physical

Refer to the current CPT manual

### Screenings:

- Vision
- Hearing
- Developmental

### Vaccines:

- Toxoid administration
- Risk/benefit counseling

### Ancillary Studies:

- Laboratory
- Radiology
- Other

### Included with Exam:

- Preventive medicine counseling, individual
- Alcohol/substance abuse screening and intervention
- Smoking/tobacco cessation
- Other

## Who Can Perform the AWW?

**Physician:** Doctor of medicine or osteopathy

**Qualified non-physician:** Physician assistant, nurse practitioner, or clinical nurse specialist

**Medical professional:** Health educator, registered dietitian, nutrition professional, or other licensed practitioner. Clinical staff or a team of such medical professionals working under the direct supervision of a physician or qualified non-physician. Clinical staff includes registered nurses, licensed practical nurses, and medical assistants.

*Non-authorized medical professionals and clinical staff are not permitted to perform any part of the AWW that requires the exercise of independent clinical judgment or the making of clinical assessments, evaluations, or interpretations.*

# Annual Physical & Wellness Visits

| HEDIS® Measures           |                      |                           |                       |
|---------------------------|----------------------|---------------------------|-----------------------|
| General Measures          | Scheduled Screenings | Diabetes                  | Medication Management |
| Blood Pressure Control    | Colorectal Cancer    | HbA1c Testing and Control | ACE/ARB               |
| Medication Reconciliation | Breast Cancer        | Nephropathy Screening     | Statins               |
| Cognitive Function        | Osteoporosis         | Kidney Health Evaluation  | Diabetes Medication   |
| Depression                | Diabetic Eye Exam    |                           |                       |

For additional resources, contact our provider services team at [Providers@ARHealthWellness.com](mailto:Providers@ARHealthWellness.com).