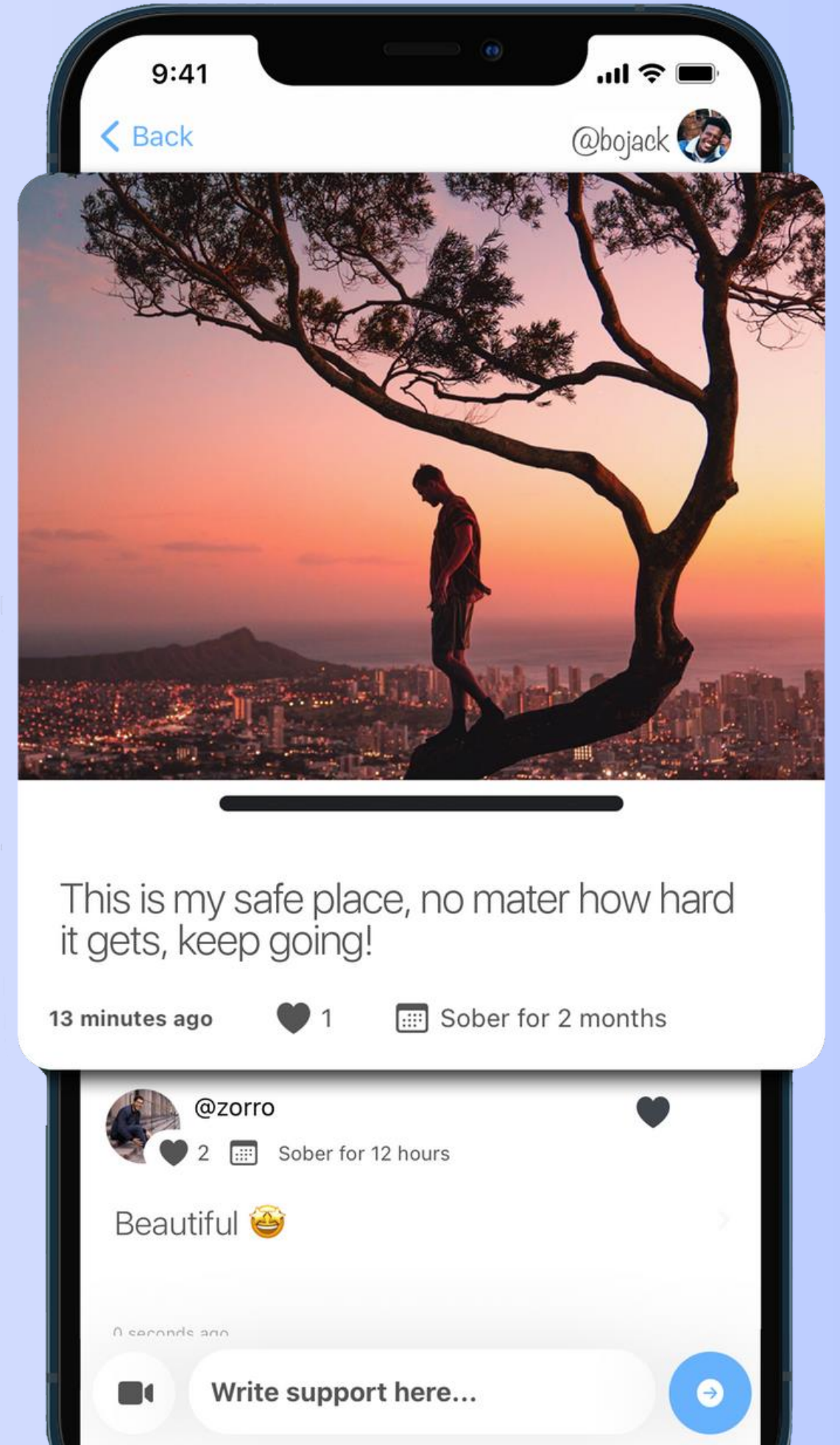


Intro to Sober Sidekick Provider Training



FROM  **arkansas**
health & wellness.



Rebeca Smith

Who We Are Working For


Challenges Prior to Using Sober Sidekick

- 19 years of Alcohol and Amphetamine Use
- 430 days sober in AR Dept. of Corrections
- 2 rounds of treatment
- Multiple 100+ day stretches of sobriety
- Feels Isolated when others are drinking

Life with Sober Sidekick

The Rebeca We Know Today

- 55 Days Sober
- 5 Recovery Navigation Messages
- Attended 2 Sober Sidekick Meetings
- Posted 2 Messages Giving Support



"This [Sober Sidekick] has helped me more than you can ever know. Alcohol is my trigger for Amphetamines, and I'm around people drinking all the time. Now I can join a meeting or connect with someone any time."

Relapses, Suicides, and Overdoses

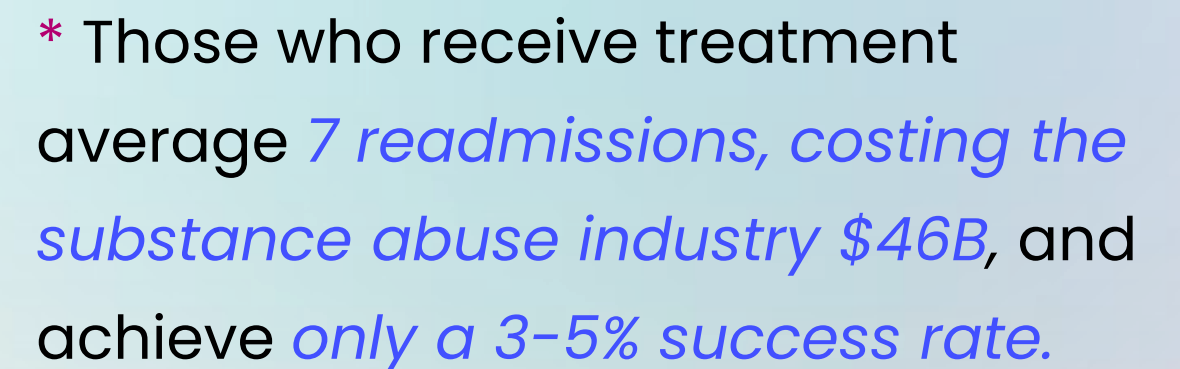
Don't happen in clinics, they happen in the moments when members are alone

The map displays the following population data for Arkansas counties (from highest to lowest):

County	Population
Rogers	240
Little Rock	268
Trumann	80
Fort Smith	50
Hot Springs	34
Mountain Home	23
Batesville	27
Clinton	7
Heber Springs	7
Seargard	16
Forrest City	12
Marion	13
Southaven	13
Hernando	13
Clinton	7
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Sources:

- Addiction Center, NCDAS: Substance Abuse and Addiction Statistics, SAMHSA
- <https://www.samhsa.gov/data/sites/default/files/reports/rpt44486/2022-nsduh-sae-state-tables/NSDUHsaeArkansas2022.pdf>



Sober Sidekick

Solving For Moments of Isolation

857 Days

28 Months

2 Years



[Watch Demo](#)



Transformative Social Platform

Inspired by popular social platforms but designed for meaningful recovery.



Empathy Drives Connection

The more support you give, the more you receive, fostering a cycle of mutual growth.



The Ripple Effect of Kindness

Simple acts of support create a butterfly effect, impacting countless lives.



A Platform for Recovery Stories

A space where individuals in recovery rewrite their narratives and reclaim their lives.

Providers Say to Patients

Accessible & Engaged Community

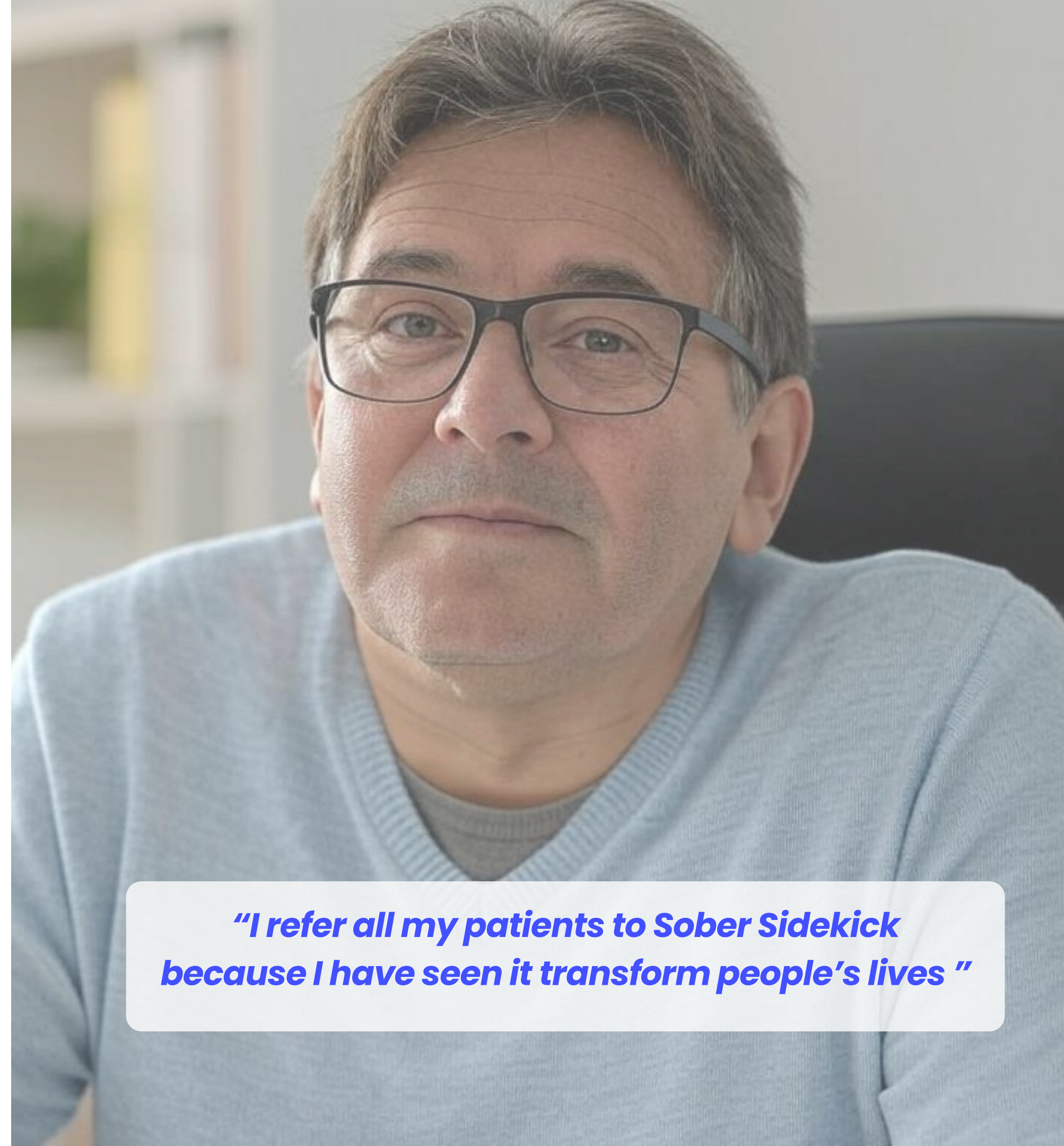
- Inspiration and Motivation For Change
- Anonymous
- 24/7 Peer Connections
- No Member Has Ever Gone Without Support
- 6 Support Connections Per Request
- Responses within minutes
- 24/7 Virtual Recovery Meetings

Outcomes

- Largest global data set of self-reported relapses
- Validated reduction in relapse episodes
- 50% improvement w/ 1 peer connection
- Longitudinal visibility into success

Trust and Safety

- Realtime Key Word Monitoring
- Crowdsourced Flagging
- Human Support & Monitoring



***"I refer all my patients to Sober Sidekick
because I have seen it transform people's lives "***

**Help us reach
1000s more in
recovery**

**Available on
iOS and Android**



THANK
YOU

Sober Sidekick

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